



## LEADING A LENT THEOLOGICAL REFLECTION GROUP

*The recommended Lenten book for this year is 'Living Baptism Daily' by Lawrence. E. Mick, this is published by the Liturgical Press Collegeville, Minnesota. You can obtain copies from Amazon or contact [ann.clark@staned.org.uk](mailto:ann.clark@staned.org.uk)*

*The focus of the book is about exploring the meaning of baptism, affirming and embracing our baptismal identity and basing our daily lives on that identity. The book has twelve chapters, so the reading group will focus on selected chapters for Lent.*

As leader you need to choose whether you will meet for five or six consecutive weeks of Lent, the following chapters should be the focus for the group during Lent:

- SESSION 1: Chapter 2 – The Journey of a Lifetime
- SESSION 2: Chapter 3 – Becoming a Christian
- SESSION 3: Chapter 4 – Called into Community
- SESSION 4: Chapter 5 – Welcoming the Stranger
- SESSION 5: Chapter 6 – Echoing the Word
- SESSION 6: Chapter 8 – Reborn to New Life

### PARTICIPATING IN A SESSION

Participants should read the chapter for the week and reflect on it. At the end of each chapter there are discussion questions, participants should take time to explore these questions and be ready to share their responses when they gather with the group.

Every session begins by using the prayer at the end of the chapter, the atmosphere and setting in the group should be one of prayerful reflection and respectful listening